

5 DAY MENU

wilderness
CAMP

During your stay with Camp Wilderness some meals will be cooked and eaten on camp and some will be enjoyed from the Central Kitchen area.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
B/FAST		Big Cooked B/fast Croissants & Fruit	Sausage, Cheese, Egg Muffins Cereal & Fruit	Scrambled egg & Bacon Porridge & Fruit	Big Cooked B/fast Croissants & Fruit
SNACK	Fruit & Biscuits	Flapjack	Trail Mix	Popcorn	Fruit & Biscuits
LUNCH	Tomato Pasta	Chicken Curry	Chicken Fajita Wraps	Chicken noodles	Selection of wraps
SNACK	Tunnocks Bar	Popcorn	Tunnocks Bar	Bannock	
DINNER	BBQ Kitchen on Camp	Pizza Kitchen	Salmon & Mixed veg rice	Hunter Gatherer Casserole	
DESSERT	S'mores & Hot Chocolate	Blueberry Muffins & Hot Chocolate	Chocolate Traybake & Hot Chocolate	S'mores & Hot Chocolate	

VIEW OUR DIETARY POLICY

ON CAMP

The food that will be made and eaten on camp. children will get the opportunity to cook over their fire, roast marshmallows and enjoy hot chocolate before bed.

CENTRAL KITCHEN

A larger field kitchen a short walk from camp, where children are served their meals and eat together away from the main camp area. The Central Kitchen Menu runs from Mon-Sun.

