

3 DAY CAMP





	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 10am	Fruit and Biscuit	Firelighting	BBQ kitchen	Tribe Identity	Popcorn	Shelter Building	Cottage Pie	Scrap books & S'mores
Day 2	Cooked Breakfast or Cereal	Wilderness First Aid	Tunnocks Bar	Swimming	Tomato Pasta	Knife Skills & Bracelets	Fruit & Biscuits	Scenario SOS	Beany Chilli	Tribes got talent & Brownies
Day 3	Sausage, Egg and Cheese Muffin or Cereal	Trap making	Popcorn	Cam Con	Pizza	Buschraft Challenge	S'mores	Departures 2pm		

Wilderness 5 DAY CAMP



Standard	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	Fruit and Biscuits	Firelighting	BBQ kitchen	Tribe Identity	Popcorn	Shelter Building	Cottage Pie	Games & Smore
Day 2	Cooked Breakfast or Cereal	Cam Con	Tunnocks Bar	Wilderness First Aid	Tomato Pasta	Wilderness Walk	Fruit and Biscuits	Salmon Pannassing	Beany Chilli	Scrap Booking & Brownie
Day 3	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bracelets	Popcorn	Animal ID and Tracking	Pizza	Target Sports	Tunnocks	Target Sports	Pasta Bolognese	Tribes Got Talent & Cornflake cake
Day 4	Sausage Bap & Continental	Plant Foraging & Wilderness Walk	Fruit and Biscuits	Signal Fires	Veggie Curry	SOS	Bannock	Wilderness Cookery	Hunter Gatherer Casserole	TBC activity & Blueberry Muffin
Day 5	Cooked Breakfast or Cereal	Trap Making	S'mores	Further Cutting Tools or Advanced Firelighting	Wraps	Buschraft Challenge		Departures		

Penshurst	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	Fruit and Biscuits	Firelighting	BBQ kitchen	Tribe Identity	Popcorn	Shelter Building	Cottage Pie	Games & Smore
Day 2	Cooked Breakfast or Cereal	Cam Con	Tunnocks Bar	Wilderness First Aid	Tomato Pasta	Wilderness Walk	Fruit and Biscuits	Salmon Pannassing	Beany Chilli	Scrap Booking & Brownie
Day 3	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bracelets	Popcorn	Animal ID and Tracking	Pizza	Target Sports	Tunnocks	Target Sports	Pasta Bolognese	Tribes Got Talent & Cornflake cake
Day 4	Sausage Bap & Continental	Swimming	Fruit and Biscuits	Signal Fires	Veggie Curry	SOS	Bannock	Wilderness Cookery	Hunter Gatherer Casserole	TBC activity & Blueberry Muffin
Day 5	Cooked Breakfast or Cereal	Trap Making	S'mores	Plant Foraging & Wilderness Walk	Wraps	Buschraft Challenge		Departures		

5 DAY ADVANCED CAMP CASTLE HOWARD / BLENHEIM / BOUGHTON



Standard	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	Fruit and Biscuits	Firelighting	BBQ kitchen	Tribe Identity	Popcorn	Shelter Building	Cottage Pie	Games & Smore
Day 2	Cooked Breakfast or Cereal	Knife Skills & Bracelets	Tunnocks Bar	Signal Fires & Advanced Firelighting	Tomato Pasta	Pottery	Fruit and Biscuits	Salmon Pannassing	Beany Chilli	Scrap Booking & Brownie
Day 3	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bowdrill	Popcorn	Target Sports	Pizza	Target Sports	Tunnocks	Wilderness First Aid	Pasta Bolognese	Tribes Got Talent & Cornflake cake
Day 4	Sausage Bap & Continental	Trap Making	Fruit and Biscuits	Navigation	Veggie Curry	Scenario SOS	Bannock	Advanced Challenge	Hunter Gatherer Casserole	TBC activity & Blueberry Muffin
Day 5	Cooked Breakfast or Cereal	Debrief & Scrap Book	S'mores	Cam Con	Wraps	Buschraft Challenge	S'mores	Departures		

	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	Fruit and Biscuits	Firelighting	BBQ kitchen	Tribe Identity	Popcorn	Shelter Building	Veggie Curry	Games & Smore
Day 2	Cooked Breakfast or Cereal	Knife Skills & Bracelets	Tunnocks Bar	Signal Fires & Advanced Firelighting	Tomato Pasta	Pottery	Fruit and Biscuits	Salmon Pannassing	Beany Chilli	Scrap Booking & Brownie
Day 3	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bowdrill	Popcorn	Target Sports	Pizza	Swimming	Tunnocks	Wilderness First Aid	Pasta Bolognese	Tribes Got Talent & Cornflake cake
Day 4	Sausage Bap & Continental	Trap Making	Fruit and Biscuits	Navigation	Veggie Curry	Scenario SOS	Bannock	Advanced Challenge	Hunter Gatherer Casserole	TBC activity & Blueberry Muffin
Day 5	Cooked Breakfast or Cereal	Debrief & Scrap Book	S'mores	Cam Con	Wraps	Buschraft Challenge	S'mores	Departures		







Standard	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 10am	Tunnocks Bar	Firelighting	BBQ kitchen	Wilderness Cookery	Bannock	Wilderness First Aid	Hunter Gatherer Casserole	Pottery & Brownie
Day 2	Cooked Breakfast or Cereal	Cam Con	Popcorn	Trap Making	Pizza	Scenario SOS		Departures 2pm		

Penshurst	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 10am	Tunnocks Bar	Firelighting	BBQ kitchen	Wilderness Cookery	Bannock	Wilderness First Aid	Hunter Gatherer Casserole	Pottery & Brownie
Day 2	Cooked Breakfast or Cereal	Cam Con	Popcorn	Swimming	Pizza	Scenario SOS		Departures 2pm		



3 DAY FAMILY CAMP CASTLE HOWARD / BLENHEIM / BOUGHTON

Standard	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 10am	Fruit and Biscuit	Target Sports	Wraps	Shelter Building	Popcorn	Cutting Tools & Bracelets	Beany Chilli	TBC activity & S'mores
Day 2	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bracelets	Tunnocks Bar	Firelighting	BBQ kitchen	Wilderness Cookery	Bannock	Wilderness First Aid	Hunter Gatherer Casserole	Pottery & Brownie
Day 3	Cooked Breakfast or Cereal	Cam Con	Popcorn	Trap Making	Pizza	Scenario SOS		Departures 2pm		

Penshurst	Breakfast	AM1	Snack	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 10am	Fruit and Biscuit	Target Sports	Wraps	Shelter Building	Popcorn	Cutting Tools & Bracelets	Beany Chilli	TBC activity & S'mores
Day 2	Sausage, Egg and Cheese Muffin or Cereal	Knife Skills & Bracelets	Tunnocks Bar	Firelighting	BBQ kitchen	Wilderness Cookery	Bannock	Wilderness First Aid	Hunter Gatherer Casserole	Pottery & Brownie
Day 3	Cooked Breakfast or Cereal	Cam Con	Popcorn	Swimming	Pizza	Scenario SOS		Departures 2pm		



3 DAY CAMP CUFFLEY



	Breakfast	AM1	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day	1	Arrivals 10am	Firelighting	BBQ kitchen	Tribe Identity	Banana and Nutrigrain bar	Shelter Building	Chicken and apricot tagine with cous cous and flatbreads	Scrap books & S'mores
Day	Sausage and egg English muffin/ selection of cereals and fruit	Wilderness First Aid	Scenario SOS	Pizza	Knife Skills & Bracelets	Campfire toffee flavoured popcorn	Target Sports	Beef bolognaise or ratatouille vegetable with penne pasta and garlic bread	Tribes got talent & Chocolate chip muffin
Day	Multigrain bagels with scrambled eggs, sliced ham, cheddar and sliced tomatoes, cereals and fruit	Trap making	Cam Con	Campfire fajitas, sauté chicken and peppers Or halloumi and peppers with a tortilla wrap	Buschraft Challenge	Cherry flapjack	Departures		



5 DAY CAMP CUFFLEY



Cuffley	Breakfast	AM1	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	Firelighting	BBQ kitchen	Tribe Identity	Banana and Nutrigrain bar	Shelter Building	Chicken and apricot tagine with cous cous and flatbreads	Games & Smore
Day 2	Sausage and egg English muffin/ selection of cereals and fruit	Cam Con	Wilderness First Aid	Pizza	Wilderness Walk	Campfire toffee flavoured popcorn	Navigation	Beef bolognaise or ratatouille vegetable with penne pasta and garlic bread	Scrap Booking & Choc chip muffin
Day 3	Multigrain bagels with scrambled eggs, sliced ham, cheddar and sliced tomatoes, cereals and fruit	Knife Skills & Bracelets	Animal ID and Tracking	Campfire fajitas, sauté chicken and peppers Or halloumi and peppers with a tortilla wrap	Target Sports	Cherry flapjack	Target Sports	Sweet potato and spinach curry with basmati rice and naan breads	Tribes Got Talent & Fruit salad and yoghurt with honey
Day 4	Big cooked breakfast cereals and fruit	Plant Foraging & Wilderness Walk	Signal Fires	Campfire BBQ chicken with ciabatta roll	SOS	Banana and Tunnocks Bar	Salmon	Ponassed salmon with chili glaze Dutchy roasted filled red peppers with beans and feta cheese	TBC activity & Apple and blackberry crumble with custard
Day 5	Cereals/yoghurt/ fruit and campfire toast with jam	Trap Making	Plant Foraging & Wilderness Walk	Campfire hotdogs	Buschraft Challenge	Departures 2PM			



5 DAY ADVANCED CAMP CUFFLEY



Cuffley	Breakfast	AM1	AM2	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11am	Firelighting	BBQ kitchen	Tribe Identity	Banana and Nutrigrain bar	Shelter Building	Chicken and apricot tagine with cous cous and flatbreads	Games & Smore
Day 2	Sausage and egg English muffin/ selection of cereals and fruit	Knife Skills & Bracelets	Signal Fires & Advanced Firelighting	Pizza	Pottery	Campfire toffee flavoured popcorn	Salmon	Beef bolognaise or ratatouille vegetable with penne pasta and garlic bread	Scrap Booking & Choc chip muffin
Day 3	Multigrain bagels with scrambled eggs, sliced ham, cheddar and sliced tomatoes, cereals and fruit	Knife Skills & Bowdrill	Target Sports	Campfire fajitas, sauté chicken and peppers Or halloumi and peppers with a tortilla wrap	Target Sports	Cherry flapjack	Wilderness First Aid	Sweet potato and spinach curry with basmati rice and naan breads	Tribes Got Talent & Fruit salad and yoghurt with honey
Day 4	Big cooked breakfast cereals and fruit	Trap Making	Navigation	Campfire BBQ chicken with ciabatta roll	Scenario SOS	Banana and Tunnocks Bar	Advanced Challenge	Ponassed salmon with chilli glaze Dutchy roasted filled red peppers with beans and feta cheese	TBC activity & Apple and blackberry crumble with custard
Day 5	Cereals/yoghurt/ fruit and campfire toast with jam	Debrief & Scrap Book	Cam Con	Campfire hotdogs	Buschraft Challenge	S'mores	Departures 2pm		



5 DAY MULTI CAMP CUFFLEY



	Breakfast	AM	Lunch	PM1	Snack	PM2	Dinner	Evening
Day 1		Arrivals 11AM	BBQ kitchen	Target Sports	Banana and Nutrigrain bar	Target Sports	Chicken and apricot tagine with cous cous and flatbreads	Campfire & S'mores
Day 2	Sausage and egg English muffin/ selection of cereals and fruit	Gladiator	Pizza	Construction	Campfire toffee flavoured popcorn	Environmental trail	Beef bolognaise or ratatouille vegetable with penne pasta and garlic bread	Ambush & Choc chip muffin
Day 3	Multigrain bagels with scrambled eggs, sliced ham, cheddar and sliced tomatoes, cereals and fruit	Hiking	Campfire fajitas, sauté chicken and peppers Or halloumi and peppers with a tortilla wrap "	Leap of faith	Cherry flapjack	Problem solving	Sweet potato and spinach curry with basmati rice and naan breads	Climbing & Fruit salad and yoghurt with honey
Day 4	Big cooked breakfast cereals and fruit	Zip Wire	Campfire BBQ chicken with ciabatta roll	Archery Tag	Banana and Tunnocks Bar	Crate Stack	Ponassed salmon with chilli glaze Dutchy roasted filled red peppers with beans and feta cheese	Wacky races & Apple and blackberry crumble with custard
Day 5	Cereals/yoghurt/fruit and campfire toast with jam	Lazer Tag	Campfire hotdogs	Departures 2pm				



5 DAY CAMP MOUNTAIN ADVENTURE



	Breakfast	AM	Lunch	PM	Dinner	Evening
Day 1		Arrivals 10am	Choice of baguettes Chocolate brownie Fresh fruit Crisps	Gorge Scrambling	Beef Bolognaise or Vegetable Bolognaise Garlic bread, tomato and olive salad	Apple and blackberry crumble
Day 2	Cereal Sausages, hash browns, baked beans and a bread roll	Mine Exploration	Choice of sandwiches Flapjack Fresh fruit Crisps	Mine Exploration	Beef burger or Veggie burger Brioche bun, fries, salad, toppings and sauces	Lemon drizzle cake
Day 3	Cereal Bacon, hash browns, baked beans and bagels	Canoeing/Bushcraft	Choice of baguettes Chocolate brownie Fresh fruit Crisps	Canoeing/Bushcraft	BBQ Chicken Legs or Sweet potato, spinach and Coconut Curry Rice and Naan breads	Eton mess
Day 4	Cereal Sausages, hash browns, baked beans and a bread roll	Coasteering	Choice of sandwiches Flapjack Fresh fruit Crisps	Coasteering	Chilli beef tacos or Chilli beans tacos Grated cheese, Tomato salsa, Potato wedges	Choc pots
Day 5	Cereal Croissant and jam Fresh fruit	Mountain Morning	Choice of wraps Chocolate brownie Fresh fruit Crisps	Departures 2pm		