

A man and a young boy are sitting on a log in a forest, roasting marshmallows over a campfire. The man is on the left, wearing a dark blue jacket with yellow accents, and the boy is on the right, wearing a green jacket. They are both smiling at the camera. The background is a dense forest of tall trees. The campfire is in the foreground, with bright orange flames. The text "wilderness CAMP" is overlaid in the top right corner.

wilderness
CAMP

CUFFLEY CAMP
3 DAY FAMILY CAMP

wilderness CAMP

CUFFLEY CAMP

CARBONE HILL, CUFFLEY, POTTERS BAR, HERTFORDSHIRE, EN6 4PR

ARRIVAL: 10AM - DEPARTURE: 2PM

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WELCOME LETTER

Hello there,

We're so pleased that you've chosen to come to Camp Wilderness and look forward to welcoming your family for a real outdoor adventure this summer. You can find all the information that you need to prepare for camp here in your 'Camp Pack'. Of course, if you have any further questions or queries, please feel free to call on **03332 004 469** or drop us an email at **hello@campwilderness.co.uk**.

If you haven't already completed the dietary details we require for you, please do this as soon as possible.

A full **KIT LIST** can be found in this pack, camp can be a muddy place, so please don't bring with you any expensive kit... we are very happy for you to come in your old clothes.

Camp arrival time is at 10am and detailed **DIRECTIONS** to camp can be found within this pack. Please use these, along with the specific postcode included, rather than the main estate address found on Google, as we have our own specific arrival areas within the estates. We've included a map for you to refer to, however should you get lost, feel free to call into the office and we'll help to direct you.

We're really looking forward to seeing you for our Camp Wilderness adventure.

Best wishes,

Camp Wilderness

03332 004 469

hello@campwilderness.co.uk

WHAT DOES CAMP LOOK LIKE?

Camp life will be a back-to-basics experience. With no buildings, roads or technology on camp it will be very different to everyday life.

Camp is made up of a central Yurt with a campfire and seating area, an outdoor kitchen and the sleeping tents surrounding these. All activities will take place in and around your camp. Each family will have their own tent for up to 6 occupants, these are safari-style bell tents which are 10 ft wide and will have more than enough room for everyone.

You will have the chance to help with cooking your food throughout your camp, however, the private camp chef will prepare and cook the majority of meals.

There are port-a-loo style toilets on camp- these are cleaned multiple times a day by our staff. There are showers on camp, however, these are usually for emergency use and we ask that you embrace camp life by showering when you get home instead of on camp.



Bushcraft Games



Inside Our Bell Tents



Trapmaking Demonstrations



Our Woodlands

SAMPLE ITINERARY

Below is an example of the itinerary you can expect on our 3 day course. Please note that this is a sample and is subject to change.

Day 1

Arrival and Welcome to Camp

Fire Lighting

You will learn the basic principles of fire and the fire triangle. You will be shown a variety of ways fire has been made over years, and put this knowledge into practice, lighting fires using these methods.

Lunchtime – BBQ Kitchen over your own fires

Shelter Building

You will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Each family will build their own shelter, using natural woodland materials.

Water Collection & Purification Techniques

The children will learn all about collecting water in the wild and how to ensure it is drinkable. There is also a fun challenge to complete while parents have time to relax by the campfire.

Dinnertime – Venison stew or Veggie curry

Evening Games

The children will have a chance to play with their new friends in the woods while parents can relax around the campfire.

SAMPLE ITINERARY

Day 2

Breakfast – Big Cooked Breakfast

Bow Drill Making

Make your own bow drill set using whittling techniques that our instructors will teach you. You will be able to take this home with you to use in your next adventure!

Wilderness First Aid

The children will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise and effective splint.

Lunch – Pizza Kitchen

Wilderness Cookery

Families will have the chance to learn about cooking over an open fire and get will hands on with preparing a salmon to roast over the fire for dinner.

Camouflage & Concealment

The children will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.

Dinnertime – Salmon

Survival Bracelets



SAMPLE ITINERARY

Day 3

Breakfast – American Pancakes

Trap Making

You will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.

Scenario SOS

The children will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.

Lunchtime – Falafel Wraps

Strike Camp (2-3pm)

Leave No Trace & Depart Camp

It is always important to make sure you leave the woodland as you found it so we will introduce you to our Leave No Trace procedures before you make your way home.



KIT LIST

Each member of your family will need the following:

Essential

- Large rucksack (or alternative bag/suitcase) to pack into
- Small rucksack for daytime away from camp
- Warm sleeping bag (season 3)
- Pillow
- Roll mat
- Clothing
 - Tracksuit/hard-wearing trousers
 - T-shirts
 - Warm jumpers/fleece
 - Warm socks and underwear
- Waterproof jacket (and trousers if you have them)
- Footwear (2 pairs - e.g. walking boots, old trainers) Towel(s)
- Wash bag including toothbrush, toothpaste and body/face wipes
- Good torch with fresh batteries
- Insect repellent
- Water Bottle

Optional

- Sleeping bag liner
- Whistle
- First Aid Kit
- Alcohol Hand Gel
- Camp chair

Weather dependent

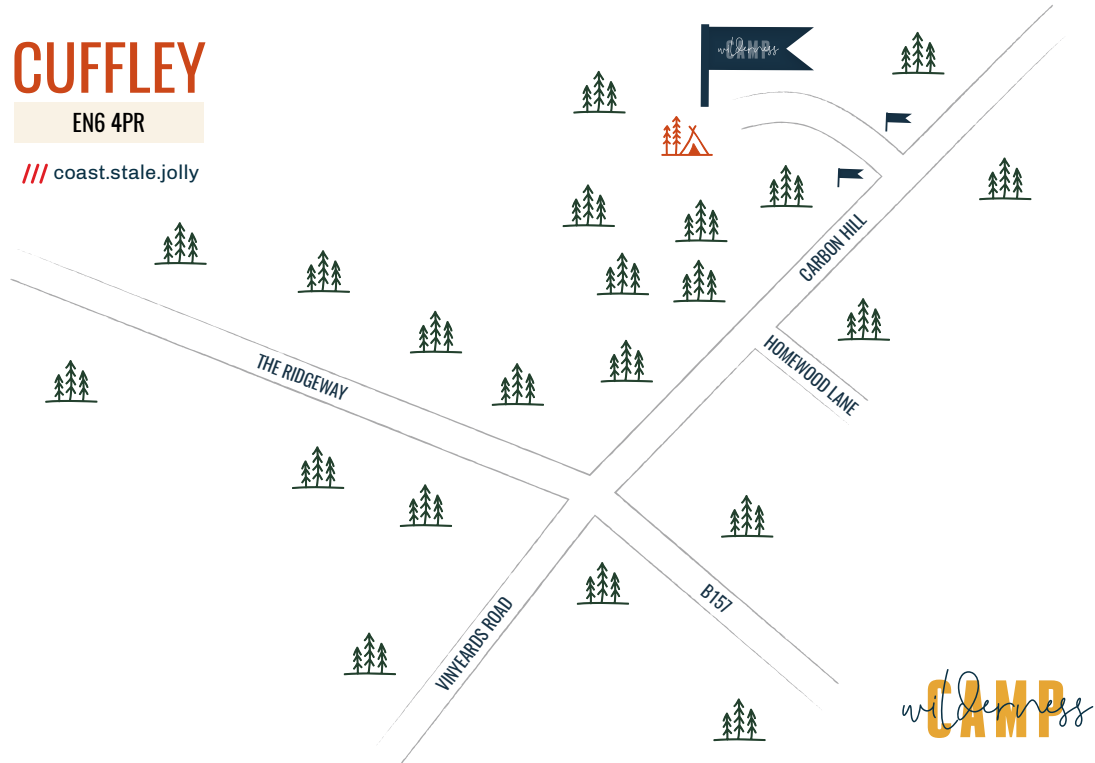
- Wellington boots
- Warm hat
- Gloves
- Umbrella
- Sun cream/sun hat/sunglasses

We will supply!

- Cutlery & Crockery
- First Aid Kit
- Covid Cleansing Pack
- Food – all meals and snacks
- Drinks – Tea, coffee, juice, water, hot chocolate

DIRECTIONS TO CUFFLEY CAMP

Cuffley Camp, Carbone Hill, Cuffley, Potters Bar, Hertfordshire EN6 4PR



Due to our rural location, your satnav may not recognise the postcode with accuracy. Please use the map above with the following directions to help with the final part of your journey.

ENTERING FROM POTTERS BAR

Head north-east on High Street A1000 towards Oakmere Lane, turn right onto The Causeway B156, continue to follow B156 for 1 mile. At the roundabout, take the 1st exit onto Northaw Road W B156. Turn left onto Vineyards Road, continue onto Carbone Hill for 0.5 miles and you will see 'The Bushcraft Company' banners on your left.

ENTERING FROM HERTFORD

Head north-west towards St Andrew street, drive along B158, Robins Nest Hill, Church Rd, Newgate St Village and Carbone Hill Turn left onto St Andrew St, continue onto North Rd. At the roundabout that the 1st exit onto Cross Ln A119. At the roundabout take the 1st exit onto Hertingfordbury Rd A414, at the roundabout take the 3rd exit onto Hale Rd B158.

At the roundabout take the 1st exit onto Pegs Ln B158. At the roundabout take the 1st exit onto Hornsmill Rd B158. Turn left onto Robins Nest hill, turn left onto Church Rd, continue onto Epping Green, Newgate St and Newgate St Village. At the roundabout take the 2nd exit onto Carbone Hill for 0.6 miles and you will see 'The Bushcraft Company' banners on your right.

DIRECTIONS TO CUFFLEY CAMP

Cuffley Camp, Carbone Hill, Cuffley, Potters Bar, Hertfordshire EN6 4PR

PUBLIC TRANSPORT

The nearest station to Cuffley is Cuffley Train Station, with trains running from London every 45 minutes. Cuffley Camp is then a 10 minute taxi ride from the station, we would recommend booking a taxi in advance, as this is quite a small station.

Please contact **03332 004 469** with any questions or for further assistance.



FAQS

ARE THE ACTIVITIES COMPULSORY?

Yes, in short, the activities are all compulsory. They are designed for family groups and will require all members to be involved. There will be activities specifically for children and downtime for the adults and children within the timetable. If there is an activity that you do not wish to attend then there must be a responsible adult to look after a child on camp for the duration of the activity. You will not be able to leave camp during this time.

CAN WE BRING FOOD TO CAMP?

Camp Wilderness is a fully inclusive experience, therefore, we will supply all food while you are on camp. There are three meals and multiple snacks provided each day as well as fresh fruit and biscuits available at all times. Tea, coffee, hot chocolate, dilute juice and water will be available at all times. We would request that if you do bring food with you, that you bring as little as possible and that it is stored properly as we cannot provide storage for this and we would not advise leaving any food in your tents.

HOW DO I KNOW CAMP WILDERNESS IS A REPUTABLE SUMMER CAMP SUPPLIER?

Camp Wilderness Family camps are run by The Bushcraft Company - a leading provider of school trips and leavers camps for schools across the country. We are the largest providers of Bushcraft based camps in the UK.

WHAT IS YOUR OVERALL PHILOSOPHY?

At Camp Wilderness Family camps it is our aim to provide families with real outdoor adventures, allowing them to escape from their high-tech lives, all within safe and beautiful woodlands.

WHAT'S INCLUDED IN THE PRICE?

Our camps are fully inclusive of activities, accommodation and all food including snacks. We have a complete No Nut policy on camp - please respect this.

ARE YOUR CAMP STAFF DBS CHECKED? (PREVIOUSLY CRB CHECKED)

Yes, every member of our staff has had an Enhanced DBS check.

WHAT QUALIFICATIONS/CERTIFICATIONS DO YOUR STAFF HAVE?

Our team have a great deal of experience running camps of this kind, having worked for the rest of the year delivering school trips. They also receive extensive in-house training, as well as obtaining qualifications from national governing bodies for specialised activities, including archery and swimming. All camp leaders are first aid trained, and our field cooks have food

FAQS

hygiene certificates.

HOW MANY MEMBERS OF STAFF WILL BE ON THE CAMP?

There will be a Camp Leader, Field Cook and Tribe Leaders on camp – the number of tribe leaders will change dependant on the amount of families booked onto the camp.

WHAT HAPPENS IF IT RAINS?

Our camps have large tipi-structures where activities can take place if we have any inclement weather - most of the time, we continue whatever the weather, as we're often shaded by the tree canopy.

WHAT IS YOUR POLICY ON MOBILE PHONES AND ELECTRONICS?

Camp Wilderness is an opportunity for you and your children to get away from the busyness of your everyday lives and spend time in nature. However, we understand that life doesn't stop just because you are on camp and you will probably want some photos for you to remember your experience! So, we would ask that any phones or technology brought onto camp are used respectfully, and, if one of our staff requests you don't use your tech for the duration of an activity that you adhere to this. It will always be for your safety or the safety of the families around you. Please be aware that on some of our estates have intermittent mobile phone signal and there are no charging facilities in the woods.

IS THERE ANYWHERE TO STORE VALUABLES?

We do not have the facilities to lock up any valuable items so we would advise to leave these at home. If you do bring a valuable item to site we do not accept any responsibility for loss or damage to these items.

WILL THERE BE A MEMBER OF STAFF ON DUTY AT NIGHT?

Every night, there will always be at least one member of staff on duty, who'll sleep centrally. You will be informed of who these staff members will be when you arrive on camp.

MY FAMILY WANT TO COME BUT MY CHILDREN ARE DIFFERENT AGES. WILL IT BE SUITABLE FOR EVERYONE?

Yes, all of our activities are accessible to children from the age of 6 upwards. So, whether you are 6 or 66 we guarantee you will be able to do all of our activities!

WHERE DO WE SLEEP?

Each family will have their own safari-style bell tent. These can sleep up to 10 people however

FAQS

we have kept the number at 6 people per family so you have some extra room!

WHAT KIND OF FOOD DO WE EAT DURING THE SUMMER CAMPS?

Our meals are freshly prepared on site by your private chef, and include meat, fish, fruit, vegetables, bread and pasta, as well as plenty of snacks. Typical meals include wood fired pizza, campfire roast and BBQs.

DO YOU CATER FOR SPECIAL DIETARY REQUIREMENTS?

Yes. We cater for all dietary requirements and pride ourselves on providing delicious alternative meals for halal, kosher, lactose-free, wheat-free, coeliac, pescatarian, vegetarian and all other diets. You will be asked to fill in a dietary form when you book.

A MEMBER OF MY FAMILY HAS A MEDICAL CONDITION. WHO SHOULD I TELL?

When booking your place, we will ask you to fill out a form with any medical conditions, where you can outline any details. If you will need to take any medication on camp, please make sure that you have it with you. We do have facilities to store medicine that needs to be kept at a lower temperature.

WHAT HAPPENS IF A MEMBER OF MY FAMILY IS UNWELL OR HAS AN ACCIDENT PRIOR TO CAMP, SO CAN NO LONGER ATTEND?

Please give us a call to let us know that you will no longer be attending. If we cannot help you rearrange for another camp in the same summer season, we will be able to refund your booking.

WHAT HAPPENS IF A MEMBER OF MY FAMILY BECOMES UNWELL ON CAMP?

If we agree that we can deal with the illness on camp, such as offering some painkillers for a mild headache, then we will do so. If we believe that you or your child is too unwell to remain on camp, or is contagious, you will be asked to leave the camp.

WHAT ARE THE TOILETS LIKE?

Our toilets are flushing porta-style loos like you might find at a festival. We do not have gender specific porta loos as they are single cubicles. Any tissues, wetwipes or sanitary items (including the packaging) can be flushed down the toilet. Please also be assured, that if there are any problems at all surrounding toileting you can speak to any of our staff about this.

WILL WE BE ABLE TO SHOWER?

On any camp we do have access to showers if one is needed, however, we usually only offer

FAQS

these if they are needed due to an accident or medical need. We would recommend that you embrace camp life and shower once you arrive home!

I'VE BOOKED, WHERE CAN I FIND ALL THE PRE-CAMP INFORMATION?

Any details that you require to help you prepare for camp can be found in your 'Camp Pack', you will receive this as an attachment to your original booking confirmation email. Please be aware that due to safeguarding and GDPR we only send 'Family Packs' to the person who made the booking.

WHY CAN'T I FIND THE DIRECTIONS ON THE WEBSITE?

Please note that the address on this website is for our head office not our camps. Due to safeguarding, we don't have our actual estate locations online. Once you've made a booking you will be able to find the exact directions as a part of your 'Family Pack'.

WHAT ARE YOUR SECURITY/SAFETY POLICIES?

The safety and security of families and staff are extremely important to us. To ensure everyone is secure with as minimal risk as possible, we aim to restrict all external access to the camp. When it is impossible to lock all external access, we will endeavour to have all external gates closed to prevent unwanted visitors. Staff are responsible for monitoring the entrances and exits to the camp throughout the camp.

WHAT SHOULD I DO IF I'M RUNNING LATE ON ARRIVAL DAY?

If you are running late just give us a call and we will be able to let our camp staff know when to expect you.

HOW DO I FIND MY LOST PROPERTY?

Sadly, we are unable to take responsibility for items left behind on camp, so please do a double check that you have collected all of your belongings before you leave. Any items that are left behind will be returned to our head office and kept for 3 weeks, before being donated to charity. Please make sure that every item is clearly labelled and please don't bring any high value items, we are very happy for you to come in your old clothes!

WILL THERE BE ANY FREE TIME?

FAQS

The timetables are packed with activities for you to enjoy and we would expect the families to attend these, however, there will be opportunities for downtime throughout the day.

IS ALCOHOL PERMITTED?

Camp Wilderness do not provide alcohol nor is there anywhere to buy alcohol on site. However, if you do wish to bring a small amount for personal adult consumption only we ask that you please drink responsibly and in moderation keeping in mind that this is a family camp. We do not under any circumstances accept responsibility for any damages that result to yourself or anyone else due to the consumption of alcoholic beverages or the use of this site or materials located on it.

IS SMOKING PERMITTED?

We will have a designated area, as the camp itself is a non-smoking area.

CAN I BRING A PET?

We do not allow pets on camp.



wilderness

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 [campwildernessuk](https://www.instagram.com/campwildernessuk)  [escapetothewild](https://twitter.com/escapetothewild)  [campwildernessUK](https://www.facebook.com/campwildernessUK)