

5 DAY KIDS CAMP SAMPLE ITINERARY

Below is an example of the kind of activities your child might do on their 5-Day camp... please bear in mind this is just a guide.

Day 1

Arrival and Introduction to Camp

Fire Lighting

The children will learn the basic principles of fire and the fire triangle. They will be shown a variety of ways fire has been made over years, and put this knowledge into practice, lighting fires in tribes using these methods.

Lunchtime – BBQ Kitchen

Shelter Building

The children will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Tribes will build their own shelter, using natural woodland materials.

Camp Craft

This is a chance for the tribes to develop a tribal identity, making fun tribal flags, dances and songs.

Dinnertime – Pasta Bolognese

Evening Games

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Day 2

Breakfast – Big Cooked Breakfast

Camouflage & Concealment

The children will take part in a fun camouflage and concealment exercises, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.

Lunchtime – Pizza Kitchen

Wilderness Walk

On the wilderness trail, the students will work through a series of observation lanes, sand pit and sensory games and learn how to recognise animal tracks, enhancing their sensory skills and having fun at the same time.

Dinnertime – Veg Curry

Evening Games

Day 3

Breakfast – Pancakes

Animal ID & Tracking

The children will be taught to identify animal tracks, other signs of disturbance, and how to categorise animals by the way they move. They will learn to move silently whilst stalking, and the art of camouflage and concealment.

Cutting Tools

The children will learn about the different tools used in the field of Bushcraft, both primitive and modern, and reasons for their use. They will be taught safe handling techniques and will make their own tent peg.

Lunchtime – Ponassed Salmon

Target Sports

The children will rotate through a variety of target sport related activities including archery tag, field archery and tomahawk axe throwing.

Dinnertime – Chili Con Carne

Evening Games

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Day 4

Breakfast - Big Cooked Breakfast

Plant ID & Foraging

The children will learn how to identify several plants and trees, as well as their many medical and nutritional properties.

Wilderness Cookery

We will show the children how to manage a fire safely and responsibly and how to cook a simple, delicious meal using fresh, season ingredients over the fire they have built.

Lunchtime – Wilderness Cooking

Scenario SOS

The children will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.

Dinnertime – Venison

Tribes Got Talent

This is a fantastic way to spend the final evening, participating in our trademark talent competition, in which each tribe performs a skit, dance or song which they will have been practicing all week. All the students enjoy themselves and it is always brilliantly amusing, and at times, astonishing, as the students show off their skills.

Day 5

Breakfast – Fruit, Yoghurt & Granola

Trap Making

The children will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.

Bushcraft Challenge

The teams will participate in a series of fun but challenging initiative exercises that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.

Lunchtime – Vegan Wraps

Leave No Trace