

5 DAY ED STAFFORD ADVANCED SAMPLE ITINERARY

Below is an example of the kind of activities your child might do on their 5-Day camp... please bear in mind this is just a guide.

Day 1

Welcome, Arrival Safety Briefing and Introduction to Camp

Friction Fire Lighting

Lunchtime

Knife Skills / Bow Drill Crafting

Natural Shelter Building

Tribal Camp Craft

Dinnertime

Clay based Goblet making

Night Time Routine & Bed

Day 2

Breakfast

Friction Fire Lighting Skills

Wilderness First Aid

Target Sports & Archery Skills

Lunchtime

Target Sports & Archery Skills

Forest Walk/Tree ID

Dinnertime

Scenario SOS

Camouflage & Stalking

Night Time Routine & Bed

SAMPLE ITINERARY

Day 3

Breakfast

Friction Fire Lighting Skills

Animal ID & Bush Tucker Trial

Lunchtime

Deer Skinning

Foraging

Mindfulness & Reflection

Dinnertime

Evening Games

Night Time Routine & Bed

Day 4

Breakfast

Friction Fire Lighting Skills

Ed Stafford's Emergency Scenario Challenge

Dinnertime

Survival Bracelets

Night Time Routine & Bed

Day 5

Breakfast

Trap Making

Bushcraft Challenge

Lunchtime

Strike Camp & Depart